EDUCATION

2022-present

PhD, UCL-Wellcome 4-year Programme in Mental Health Science

2019-2020

MSc Medical Statistics, London School of Hygiene & Tropical Medicine

• Degree outcome: Distinction (4.6/5 GPA including 5.0 in both written exams and thesis)

2016-2019

BA Neuroscience, St. Hugh's College, University of Oxford

- Degree outcome: First Class (weighted mean = 72.6)
- Awarded Gibbs Prize in Neuroscience (2019) for top overall performance in Finals

RESEARCH EXPERIENCE

2022-present

PhD candidate at Max Planck-UCL Centre for Computational Psychiatry supervised by Prof. Quentin Huys

- Working title: "Using theory to inform treatment: unravelling and dissociating computational mechanisms of existing therapies for mood disorders"
- Current projects: "Common psychiatric treatments alter affective dynamics"; and "Components of psychological therapy may have distinct computational mechanisms" (selected as contributed talk at BAP Conference 2024)
- During rotation year: developed patient-centred models of change in symptom scores relative to subjective changes in NHS talking therapy services (with Professor Glyn Lewis); investigated the effect of SSRI vs. placebo on longitudinal performance & learning parameters in a smartphone game (with Dr Liam Mason)

2021-2022

Research assistant in Dr Camilla Nord's lab, MRC Cognition and Brain Sciences Unit, University of Cambridge

- Coded and ran an online RL task with a psychotherapeutic intervention and affect ratings (n=1000)
- Designed the analysis pipeline and open-sourced it as an R package; wrote the paper (published in *Psychological Medicine*); and presented posters (*RLDM 2022* & the *BAP Summer Meeting 2022*)
- Selected to present follow-up work on momentary affect ratings during learning at the *Computational Psychiatry Conference* 2023 (Trinity College Dublin) as a contributed fifteen-minute talk

2020-2022

Honorary member (formally April 2021–) of the Department of Psychiatry, University of Oxford, working with Dr Maxime Taquet and Professor Paul Harrison

- Provided statistical analyses, methods, and coding assistance towards several large-scale electronic health records studies, primarily focused on post-COVID sequelae
- Contributed to articles in PLoS Medicine; The Lancet Psychiatry; Brain, Behavior & Immunity; & Nature Medicine

Jul-Oct 2020

MSc research project, supervised by Dr Jennifer Nicholas, investigating links between grip strength at ages 53 to 69 and brain health/cognition at age 70 in the MRC 1946 Birth Cohort

• Presented at BGS Spring Meeting 2021; peer-reviewed version published in BMC Geriatrics

2018-2019

Undergraduate project in circadian neuroscience with Dr Aarti Jagannath, University of Oxford

• Investigated the role of two clock genes in a wet lab using cell culture and mouse tissue experiments

Jul-Sep 2018

Summer intern (10 weeks) at the Cardiovascular Research Center in Massachusetts General Hospital, part of Harvard Medical School

SKILLS & INTERESTS

Topics

Mechanisms of psychiatric treatment (non-)response; use of cognitive theory to inform and explain data-driven prediction; uncertainty estimation in clinical predictive modelling

Expertise

Bayesian modelling and data analysis, theoretical models of learning and cognition, medical statistics (e.g., hierarchical models, causal inference, survival analysis), electronic health records research

Programming

IN ORDER OF PROFICIENCY (DESC.): R, Python, Stan, Julia, JavaScript, HTML/CSS, MATLAB

ACADEMIC PRIZES + TRAVEL GRANTS

- Okinawa Institute of Science and Technology (OIST) Computational Neuroscience Course (2024) competitive; fully-funded
- Wellcome Trust 4-year PhD studentship (2022-2026)
- Multidisciplinary Conference on Reinforcement Learning and Decision Making travel award (2022; Brown University)
- British Association of Psychopharmacology (BAP) Summer Meeting travel bursary (2022; Imperial College London)
- NIHR MSc Studentship in Medical Statistics (2019-2020) *full scholarship for my MSc*
- Gibbs Prize in Neuroscience (2019), University of Oxford ranked #1 in neuroscience Finals

Peer-reviewed papers (reverse chronological order)

- M. Taquet, **Q. Dercon**, J. A. Todd, P. J. Harrison, The recombinant shingles vaccine is associated with lower risk of dementia. *Nature Medicine* (2024). *Contributed coding support and statistical methods for sensitivity analyses following review.*
- A. Smith, J. Bisby, **Q. Dercon**, A. Bevan, T. Dalgleish, C. Hitchcock, C. L. Nord, Hot metacognition: poorer metacognitive efficiency following acute but not traumatic stress. *Translational Psychiatry*, **14**, 133 (2024). *Responsible for data collection* (with first author); aided with statistical analysis and editing of the manuscript.
- M. Vainre, T. Dalgleish, P. Watson, C. Haag, **Q. Dercon**, J. Galante, C. Hitchcock, Work Engagement and Well-being Study (SWELL): a randomised controlled feasibility trial evaluating the effects of mindfulness versus light physical exercise at work. *BMJ Mental Health*. **27**, e300885 (2024). *Provided code and assistance with data extraction from online task*.
- Q. Dercon, S. Z. Mehrhof, T. R. Sandhu, C. Hitchcock, R. P. Lawson, D. A. Pizzagalli, T. Dalgleish, C. L. Nord, A core component of psychological therapy causes adaptive changes in computational learning mechanisms. *Psychological Medicine*, 1–11 (2023). *Helped design experiment, coded online tasks, and handled data collection; designed the analysis pipeline, prepared figures, and wrote the first draft.*
- C. L. Nord, B. Longley, **Q. Dercon**, V. Phillips, J. Funk, S. Gormley, R. Knight, A. J. Smith, T. Dalgleish, A transdiagnostic metaanalysis of acute augmentations to psychological therapy. *Nature Mental Health*, 1–13 (2023). *Aided with screening of studies,* responsible for all statistical analysis in response to peer reviews.
- M. Taquet, R. Sillett, L. Zhu, J. Mendel, I. Camplisson, **Q. Dercon**, P. J. Harrison, Neurological and psychiatric risk trajectories after SARS-CoV-2 infection: an analysis of 2-year retrospective cohort studies including 1 284 437 patients. *The Lancet Psychiatry*. **9**, 815–827 (2022). *Provided code and supervisory support for statistical analyses completed by other authors*.
- M. Taquet, **Q. Dercon**, P. J. Harrison, Six-month sequelae of post-vaccination SARS-CoV-2 infection: A retrospective cohort study of 10,024 breakthrough infections. *Brain, Behavior, and Immunity*. **103**, 154–162 (2022). *Responsible for statistical analyses, supplementary methods/table preparation, and editing of the manuscript*.
- M. Taquet, **Q. Dercon**, S. Luciano, J. R. Geddes, M. Husain, P. J. Harrison, Incidence, co-occurrence, and evolution of long-COVID features: A 6-month retrospective cohort study of 273,618 survivors of COVID-19. *PLoS Medicine*. **18**, e1003773 (2021). *Responsible for statistical analyses and methodology, preparation of tables and supplementary information, plus reviewing/editing of the manuscript*
- **Q. Dercon**, J. M. Nicholas, S.-N. James, J. M. Schott, M. Richards, Grip strength from midlife as an indicator of later-life brain health and cognition: evidence from a British birth cohort. *BMC Geriatrics*. **21**, 475 (2021). *Responsible for all statistical analyses, drafted original manuscript, prepared figures/tables, and handled submission*.
- J. Quoidbach, Q. Dercon, M. Taquet, M. Desseilles, Y. A. de Montjoye, J. J. Gross, Happiness and the Propensity to Interact With Other People: Reply to Elmer (2021). *Psychological Science*. **32**, 960–965 (2021). *Responsible for all statistical analyses, table preparation, and some writing (methods/results)*.

Conference abstracts & posters

- Q. Dercon, A. Norbury, C. A. Chen, Q. J. M. Huys. Components of psychological therapy may have distinct computational mechanisms: a replication and extension. In: Proceedings of the 50th BAP* Conference (University of Birmingham, 2024). Selected as a Short Oral (fifteen-minute talk) in the 'Depression treatments, perinatal considerations and early life stress' session.
- **Q. Dercon**, R. B. Rutledge, C. L. Nord. Antidepressant use and a component of psychological therapy alter affective dynamics during learning. In: Proceedings of the 1st Computational Psychiatry Conference (Trinity College Dublin, 2023). Selected as a contributed twenty-minute talk in the 'Treatments and Causality' session.
- **Q. Dercon**, S. Z. Mehrhof, T. R. Sandhu, C. Hitchcock, R. P. Lawson, D. A. Pizzagalli, T. Dalgleish, C. L. Nord, The computational consequences of cognitive distancing. In: Proceedings of the 5th Multidisciplinary Conference on Reinforcement Learning and Decision-Making (Brown University, 2022). *Also presented at the *British Association for Psychopharmacology conference in 2022, and the UCL Institute of Mental Health conference in 2023.*
- Q. Dercon, J. M. Nicholas, S.-N. James, J. M. Schott, M. Richards, 488 Grip strength from midlife as an indicator of later-life cognition and brain health: Evidence from a British birth cohort. In: Age and Ageing. Oxford Academic, 2021: ii5–7.

 Presented at the British Geriatrics Society Spring Meeting 2021 as part of the President Round.